



CAMBRIDGE UNIVERSITIES FIRST AID SOCIETY

Tuesdays 7:30pm-9pm • Newnham College

CUFAS is for anyone who wants to learn and practise first aid skills in a relaxed and informal setting. If you'd like to get more involved with first aid, we also function as the Cambridge Universities St John Ambulance Unit, which gives students opportunities to volunteer as first aiders and beyond at events such as sports matches and May Balls.



www.cufas.co.uk

Taster Session
06/10/23 *Free*



Come and get to know us and learn some useful skills! Snacks provided.

Primary Survey
10/10/23 *Free*



You come across someone collapsed. Is it serious? What should you do?

Secondary Survey
17/10/23 *Free*



You've checked the patient is breathing - now what?

Sports Injuries
24/10/23



Learn how to apply your new skills to different sporting injuries.

Life Threatening Conditions (1)
31/10/23



We'll cover how to recognise and respond to, heart attacks, angina, shock and stroke.

Life Threatening Conditions (2)
07/11/23



Following on from last week, we'll move onto looking at hypoglycaemia, anaphylaxis and asthma.

Scenarios
14/11/23



Put your skills into practice as people play casualties for you to treat.

Resuscitation with Guest Paramedic
21/11/23



The patient isn't breathing. What should you do? A chance to hear from an expert.

Dinner Out
28/11/23

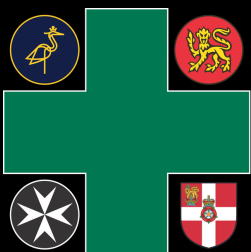
To end the term, we take a break from first aid, and head out for dinner!



- Jane Harrison Room



- Sidgwick Hall



CUFAS Membership is £5 for the year, which will give you access to all of our sessions. The first few sessions are free to all - so come and learn some first aid!